



***Brighton Food Co Op
November 2010
Newsletter
“It’s Just Food!”***

It’s hard to believe that we are coming to an end of 2010! We have a lot of BFC information to share with you and hope that you will read through this carefully as there are a lot of changes to our upcoming distributions due to the holidays.

❖ Our next distribution is: **Tuesday, November 30, 2010**

The following due dates are in effect for this distribution. Please adhere to these dates as there will be NO LATE ORDERS accepted under any circumstances! Please be aware that the Zingerman’s specials will be the same this month as they were last month. I have included those at the end of this Newsletter for your convenience.

This is your last opportunity to order nuts and candy before the holidays. We have exhausted our supply of syrup and are seeking another vendor to handle our demand. If we cannot find one, syrup may not be available until March of 2011.

Almar Orchards: Nancy will advise what products are available as soon as she receives that information. Below are the November due dates:

❖ *Outside Vendors:* **Wednesday, November 17, 2010 by 9:00 p.m.**
Nancy will immediately process those orders and will send an email later that night for unfilled cases. NOTE: You have less than 24 hours to respond to unfilled cases! Send Frontier orders to Dana and Sami’s orders to Gina on this date as well.

❖ *Unfilled Cases:* **Thursday, November 18, 2010 by 9:00 p.m.**

❖ *All UNFI:* **Friday, November 19, 2010 by 9:00 p.m.**

If you ordered **Creswick** for November, please be aware that the pick up will be on **Saturday, November 20, 2010 at 12:00 p.m.** at Dolores’ home.

Below is the financial information for the last 2 distributions:

	October 12, 2010	November 2, 2010
Number of Orders Placed	19	19
All Products Total	7630.00	8155.90
Extras Table Sold	803.05	711.85
Extras Left	379.26	335.51

The November 2, 2010 distribution was a hectic one, but everyone pitched in and got the job done! Thank you for your assistance and your smiles!

A few reminders:

- When putting away “Extras” please be sure to glance at expiration dates and note any upcoming dates (within 4 months) on the Extras sheet when you record the price.
- Check ALL frozen and refrigerated items immediately upon receipt (before driver leaves) to be sure that what the box says is consistent with the product inside! This is very, very important because we typically cannot receive a refund on perishable items once we accept delivery.
- When checking orders at the end of the day, please slow down. Be sure to look at Outside Vendor items diligently and make sure the price on the item MATCHES the price on the member’s invoice. If there is a discrepancy, the ITEM will be the correct price! Please CIRCLE the incorrect price on the invoice and record the correct price!!!
- Be sure to record your name and the person you are working with on the top of the invoice in the space provided when you are checking orders. This is important because if we have a question, we know who has seen the order and may be able to assist us.

A note about produce:

Due to the economy, Crossett was forced to change their delivery day and, unfortunately, it does not coincide with our distribution day. Nicole has been consistently in touch with Crossett and there is some hope that they may be able to resume delivery to us in the future. Nicole will keep us informed of the progress as it develops.

I am attaching several items to this Newsletter, including some excellent soup recipes shared by Dolores Johnson! If anyone has something they would like included in a Newsletter in the future, please email it to me! Your recipes, tips and ideas are welcome!

Do you ever wonder why someone orders something in particular? Do you see that person order the same thing each and every month and wonder to yourself, "What in the world do they do with *that*?" Or maybe you wonder why they need such a large quantity of an item? Do you use a product that you love and wish others would try it so you can buy less of it every month? We thought it might be fun to share this information with each other and invite you to send your tips and tricks! Please do not copy this entire email with your ideas...just email them separately to me at lilchel@comcast.net and I will include them in next month's news.

Feel free to include other nutritional information, websites, articles, recipes, etc.! PLEASE, no political statements, coercion toward members to buy or sell a particular product, or other stuff the Board deems too controversial. Here are a few examples of what we're looking for:

Members Corner:

BPA in our Environment: It's not just in our food anymore!!!

<http://www.rodale.com/bpa-receipts>

Did you know? Hormone-Free eggs mean nothing! It is **ILLEGAL** for egg producers in the United States to feed hormones to their hens! Don't pay more for this label...**ALL** eggs are hormone-free!

Do you love Panera? I bet you didn't know that the Smokehouse Turkey Signature Hot Panini sandwich has 720 calories, 53 g of protein, 12 g saturated fat, and...drumroll please...2,540 mg of sodium!!!! Okay...you'll have a salad instead? The Greek with Greek dressing has 380 calories, 8 g protein, 8 g saturated fat and 1,670 mg sodium!! Shall I share the stats on the Baked Potato soup—my personal favorite? 340 calories, 7 g protein, 11 g saturated fat and a whopping 1,210 mg sodium! All in a 12 oz bowl! Of course, the "You Pick" sizes are smaller and you can cut a few of those stats but trimming down your portion.

Source: Nutrition Action Newsletter

What I like to buy and why:

During the fall/winter months, I order several coffee cakes from Zingerman's when they're on special and put them immediately in the freezer. When we get invited to a party or to someone's home during the holidays, I have a hostess gift readily available! *Michelle Kaloustian*

Please plan accordingly for the next month's distribution: December 28, 2010. Again, we will have special due dates; more information to follow.

The Brighton Food Co Op Board of Directors wishes everyone a happy and safe Thanksgiving!

Respectfully Submitted,
Michelle Kaloustian
1st Shift Work Coordinator

Zingerman's Specials

November 30, 2010

Distribution

Cranberry pecan bread – How do we pack so much flavor in 1¼ pounds? This is a dense loaf packed with dried cranberries and toasty pecans. It's a well known phenomenon in our store that customers grab a sample of this on their way out; they might get as far as their car door, but they always come back in to buy a loaf. It's deliciously habit forming. Available everyday in November and December only.

Cranberry pecan #1880 \$5.95 wholesale

Don't forget the dinner rolls!

rustic italian roll #11426 \$0.39 wholesale

farm roll #11340 \$0.27 wholesale

multi grain roll #11801 \$0.30 wholesale

salted brioche roll #12290 \$0.25 wholesale

*All breads have a 1 day retail shelf life (except vollkornbrot 3 days)

Pastry

Coffeecakes -A scrumptious staple to have on hand for every holiday.

Great

for gifts or guests, breakfast or dessert. Available in small (serves 6-8)

and large (serves 10-12).

Sour cream coffeecake sm. #15403 \$7.25 wholesale

Gingerbread coffeecake sm. #15352 \$6.90 wholesale

Hot Cocoa coffeecake sm. #15503 \$6.90 wholesale

Lemon poppy coffeecake sm. #15453 \$6.90 wholesale

Tea Cake sm. #15550 \$6.90 wholesale

Almond Poundcake #15252 \$10.00 wholesale

Sour cream coffeecake lg. #15401	\$14.00 wholesale
Gingerbread coffeecake lg. #15350	\$13.95 wholesale
Hot Cocoa coffeecake lg. #15501	\$14.95 wholesale
Lemon poppy coffeecake lg. #15451	\$14.00 wholesale

*14 day retail shelf life in original packaging

Pies A Plenty! – all-butter hand-made crust filled with the best ingredients we could find. Available in creamy Pilgrim Pumpkin, toasty Perky Pecan, sweet tart Cranberry Walnut Wonder, rich Chocolate Chess, Jumbleberry (packed with cranberries, raspberries, blueberries and blackberries) and home style Old School Apple with lard and butter crust.

Packaged Large Pies

These pies are available pre-boxed in our bright spiffy pastry box with a window in the lid to see the pie inside. Order these to display anywhere.

You can even stack them to save space this holiday. Large pies are 9” and serve 6-10.

Pie, pumpkin lg box #15061	\$12.00 wholesale
Pie, pecan lg box #15016	\$13.00 wholesale
Pie, cran walnut lg box #15022	\$14.00 wholesale
Pie, choc. chess lg box #15006	\$14.00 wholesale
Pie, apple lg box #15046	\$14.00 wholesale
Pie, jumbleberry box # 15027	\$15.50 wholesale

NEW!! Packaged Small Pies

These pies are packed in clear “clamshells” with a sticker and are suitable

for stacking. Small pies are 4” and serve 1-2.

Pie, pumpkin sm clam #15078	\$2.70 wholesale
Pie, pecan sm clam #15069	\$3.45 wholesale
Pie, cran walnut sm clam #15070	\$3.15 wholesale
Pie, choc. chess sm clam #15067	\$3.15 wholesale

Pie, apple old school sm clam #15074 \$3.15 wholesale
Pie, jumbleberry sm clam #15071 \$3.95 wholesale

Unpackaged Large Pies

Large pies are 9" and serve 6-10. These pies are not boxed.

Pie, pumpkin lg #15059 \$11.00 wholesale
Pie, pecan lg #15014 \$13.00 wholesale
Pie, cran walnut lg #15020 \$13.00 wholesale
Pie, choc. chess lg #15004 \$13.00 wholesale
Pie, apple old school lg #15045 \$13.00 wholesale
Pie, jumbleberry lg #15026 \$14.50 wholesale

Unpackaged Small Pies

Small pies are 4" and serve 1-2. These pies are not boxed.

Pie, pumpkin sm #15062 \$2.50 wholesale
Pie, pecan sm #15017 \$3.25 wholesale
Pie, cran walnut sm #15023 \$2.95 wholesale
Pie, choc. chess sm #15007 \$2.95 wholesale
Pie, apple old school sm #15047 \$2.95 wholesale
Pie, jumbleberry sm #15028 \$3.75 wholesale

*Pies- Pumpkin and apple 3 day, pecan/choc. chess/ cran. walnut 5 day,
jumbleberry 4 day retail shelf life. Pumpkin pie only should be stored in refrigeration.

More Turkey Day

Gobble Gobble Cake – For those who pass on pie, we offer our rich chocolate

cake, filled and covered with vanilla butter cream and topped with a silly,

wide-eyed turkey hand-crafted by Bakehouse cake decorators. A yummy

centerpiece for the kids table, or any table.

Cake, gobble #17408 \$18.50 wholesale

4 day retail shelf life. Store in refrigeration and serve at room temperature.

Back From Vacation

Marjolaine – A traditional French torte with coffee house flavors:
layers of
toasted hazelnut cake with chocolate and espresso butter creams.
Each slice
is striking to look at and satisfying to eat.
Cake, marjolaine #17340 \$16.50 wholesale
4 day retail shelf life. Store in refrigeration and serve at room
temperature.

On Vacation:

'07 Heaven Cake