

"It's just food!"

Brighton Food Coöp Newsletter
June 2011

Welcome new member Carrie Oakwood of West Bloomfield!

Key Upcoming Dates:

- Next Distribution: **Tuesday, June 14th** (Shift times will be announced by Michelle Kaloustian.)
- Initial Orders Due: **Wednesday, June 1st** (by 9:00PM)
 - **UNFI** – Login to the Online System at <https://www.unfi.com> (Warehouse = Greenwood, IN).
 - **Frontier**: Send order to Dana Janssen at dana.leahy.janssen@gmail.com.
 - **Creswick**: Send order to Dolores Johnson at samjon@sbcglobal.net.
 - **Sami's Bakery**: Send order to Gina Barnowsky at ginabarnowsky@yahoo.com.
 - **Outside Vendors (OV)**: Send order to Nancy Clark at rnspsalding@comcast.net.
 - **Produce**: At present (but we hope only temporarily) Crosset is unable to deliver to us on our distribution day. Until that situation is resolved, we suggest that members order online from Door to Door Organics (<http://michigan.doortodoororganics.com>).
- Unfilled Case Orders (UNFI & OV) Due: **Sunday, June 5th** (by Noon)
- Creswick Pickup: **Saturday, June 18th**
- Honey can be ordered this month, Nuts and Candy next month.

Distribution Recap



The May 17th distribution went so smoothly that we were able to turn over most of the financial stuff to our crew of interns. Here they are, busily calculating member bills. With their help, and that of all the members present, most of us were able to take orders home by about 1:30.

Actually, we did have some continuing issues with out-of-stocks and mislabeled cases, so we may have to send the interns to Greenwood, Indiana, to do some process reengineering work at the UNFI warehouse!

[Thanks to Joan Johnson for the photo!]

Out-of-Stocks and Mislabeleds

Speaking of process reengineering, those who worked the May distribution may have noticed a couple of process improvements. First, all the out-of-stock and mislabeled items were announced during the Circle Meeting. Then they were listed on a white board for workers to reference as they checked member orders. These steps helped reduce the confusion that normally occurs when checkers can't find items that are supposed to have been distributed. Needless to say, this practice will be continued for all future distributions.

MORE Improvements

In the past, members have been advised against using the MORE field when building their orders in the UNFI Web Ordering System. Because of bugs in the system, this field produced unpredictable results in the display of Splitting Cases items and in the consolidation of orders by our UNFI Coordinator, Sue McComb. Evidently these bugs have been fixed now. After a successful experiment with the MORE field on a limited basis in the May orders, we can now announce that **all members should be able to use the MORE field in their orders**. Just a quick review of the field's purpose: In building your order, you would use the QTY (Quantity) field to indicate the minimum quantity of an item you want, and you would use the MORE field to indicate how much more of the item you're willing to take. By using both fields together, you can specify ranges. For example, if you set QTY=4 and MORE=2, you're telling the system (and Sue) that you'd like between 4 and 6 of the item. If the case size is 12, and other members order a total of 8, your order quantity will end up as 4; but if others order a total of only 6, your order quantity may end up as 6. Sue still has "wobble room" to decide on an item-by-item basis whether to complete a case by giving members their QTY+MORE amounts or by ordering some of the item for the Extras Table.

Motave Meadows is back!

Now that spring has sprung, Eva and Tom Michals have started growing the gourmet greens and other delicious organic produce they will supply to the Coöp as the summer progresses. They are not sure just yet how the unusually rainy conditions of this May will affect their harvest for the June 14th distribution, but we can expect at least some cool weather produce to be available on the Extras Table. As the distribution date approaches, our Outside Vendor Coordinator, Nancy Clark, will send out an email with information about the Motave items likely to be available, so stay tuned for further word on that.



Wilderness Family Naturals on Hold

In the last issue of the newsletter, we reported that we were looking into Wilderness Family Naturals as a prospective supplier of organic coconut-based products and that we might be able to offer some of those products for the June distribution. Unfortunately, we have not yet been able to negotiate a cost-effective arrangement with the supplier. Without bulk order discounts and the curtailment of some shipping charges, the Coöp can't get any better rates for the products than individuals could get by ordering directly from the company's website. If we do manage to work out a suitable arrangement with the company, we will let you know. Meanwhile, if you would like to order the products on your own, you can go to <http://www.wildernessfamilynaturals.com>.

Great Recipes

Kathy McKay sent this recipe last month, but it didn't quite get into the Newsletter, so we put it on the website at <http://www.brightonfoodcoop.com/recipes.htm>. Here it is again for those who may not have seen it there.

Na Anderson's Onion Crackers

from Creative Health Institute

1 cup chia seeds
1 cup pumpkin seeds
¼ cup processed onion (process until watery)
1/8 cup coconut aminos
2 cups purified water

Combine ingredients. Let set for about 20 minutes. Spread cracker-sized flattened dollops on dehydrator tray. Dehydrate at 110 degrees for about ten hours. Enjoy!

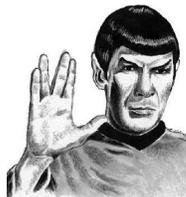
These crackers are effectively **raw food**, and one of the key ingredients, Chia Seeds, would be considered a **superfood**. Currently we have an abundance of Chia Seeds on the Extras Table.

If you have a recipe you think members would enjoy – especially one that uses ingredients available through the coop – please send it to bfc@brightonfoodcoop.com, and we will publish it in the next newsletter and/or put it on the website.

See you on the 14th!

Jim Brown

BFC Communications Coordinator



*Live long and prosper;
keep life in perspective;
and don't ever forget--
it's just food!*