

Brighton Food Co-op Newsletter

January 2016

Hi Members!

Hope you are managing to stay warm on these chilly days! Spring can't come soon enough! We had a great distribution yesterday and even though the UNFI truck was a bit late, we still finished quickly and efficiently. Thanks to everyone for pitching in and getting it done!

Here's all the co-op news you need to know:

Annual Meeting: Our annual meeting was held during distribution on January 6. After a long, arduous and hard-fought campaign, ☺ your board members, Dolores Johnson, (President), Denise Hauk (Treasurer) and Marilyn Mitchell (Secretary) were re-elected. We are appreciative of the support we receive from all of you and look forward to working with you again this year!

Here's a quick summary of the meeting:

- ❖ No changes to the by-laws were proposed.
- ❖ There was discussion regarding whether to try to locate a new produce vendor. Currently, we only get fresh produce in the summer months from Motave Meadows and there is some doubt as to whether Motave is going to continue with their business. Door to Door Organics and Stone Coop were mentioned as options. The board will look into these options and report back to the members. Meanwhile, please email Marilyn and let her know whether you would be interested in ordering produce if we can find a suitable vendor.
- ❖ Marilyn Mitchell asked members to talk to their friends, relatives and neighbors to try to generate more membership in the co-op. BFC's expenses run about \$200 per month on average but we have only been generating around \$175 per month from the 3% surcharge.

Membership renewals: We hope all of our members will renew! Our co-op is only as strong as our membership! If you have friends or relatives who are interested in joining the co-op, please have them contact Marilyn at 810-231-0195 or mmitchell1945@aol.com. According

to the by-laws, members must renew by January 31. Those who ordered in January had the \$20 in membership dues added to their January statement. If you didn't order in January, please send a check made out to Brighton Food Co-op to Marilyn Mitchell, 8792 Evergreen Rd., Brighton 48116. Or, if you are ordering in February, just let Marilyn know and your dues will be added to your statement. In addition, please notify Marilyn if your address, email address or phone number(s) have changed.

Recipes: We'd like to publish our members' favorite recipes using products bought through the co-op. Please send them to Marilyn for inclusion in the newsletter. Here's one I found in the food Network magazine, which I made recently using chicken thighs from Creswick, Cascadian Farms frozen corn, Muir Glen fire-roasted tomatoes and herbs, salt and pepper from Frontier:

Slow Cooker Chipotle Chicken Stew

2 ½ lbs skinless chicken thighs
4 t. ground cumin, divided
Kosher salt and pepper
1 large onion, chopped
2 15 oz. cans of fire-roasted tomatoes with green chilis
2 chipotle chilis in adobo sauce, seeded and chopped plus 2 T sauce from can
1 t. oregano
2 C. frozen corn, thawed
Crumbled Cotija or feta cheese
2 avocados, diced
½ C. cilantro (or more to taste)
Corn or flour tortillas

1. Put the chicken in a 6-8 quart slow cooker and sprinkle with 2 t. cumin, 1 t. salt and a few grinds of pepper. Add the onions, tomatoes, chipotle and adobo sauce, oregano, the remaining 2 t. cumin and 1 t. salt. Cover and cook on low for 7 ½ hours. Add the corn and stir until warmed through.
2. Warm the tortillas in a dry skillet. Top each serving of stew with cheese, avocado and cilantro. Serve with tortillas. ENJOY!

Next distribution: The next distribution is February 3. **HOPE TO SEE YOU THEN!** ☺ The deadlines for ordering are as follows:

February 2016

- OV/Frontier Order Due: Jan 20
- Creswick Order Due: Jan 23
- OV Filled Cases Due: Jan 24
- UNFI Order Due: Jan 27
- Creswick Delivery: Feb 1
- Distribution: Feb 3

Here are some things to keep in mind when ordering:

- ❖ Check, check and double check your **UNFI** order to **make sure you check "split"** if you do not want an entire case of a certain item. This is **REALLY** important!
- ❖ If you have an issue with any product you ordered through the co-op be sure to notify the board immediately. Copy your email to all three of us:
 - Dolores Johnson: doloresjohnson68@gmail.com
 - Denise: djhaukcoop@gmail.com
 - Marilyn: mmitchell1945@aol.com

As always, if you have a comment or suggestion about co-op please contact Marilyn. The board is always looking for ways to improve the co-op experience for our members!