

Brighton Food Co-op Newsletter

August 2019

Hi Members!

The truck arrived at 11:30 so distribution was over by 2:00. Yay! There is not a lot of news this month but here goes.

Distribution Time Will Change:

The UNFI driver will begin deliveries to schools in August so the approximate time for distribution will revert to 1:00. Please plan to arrive a few minutes before that to help set up and if possible stay a few minutes after to help with taking inventory and clean up.

Plan Ahead

Our January distribution is scheduled for January 1 so it will be cancelled. December 4 will be the last distribution before January 29 so you may need to plan to stock up.

Outside Vendors:

Albanese – Since members often order Halloween candy in September, Albanese will be open for candy orders next month. However, if you plan to order chocolate keep an eye on the weather forecast. You don't want all of that chocolatey goodness melted!

Frontier – If you have an idea for an herb or spice of the month, please email Kathy at katherine-mckay@comcast.net

Recipe: With sweet corn season in full swing, this recipe from Mark Bittman published in the NY Times sounds delicious and easy!

Corn Salad with Tomatoes, Feta and Mint (or basil)

Ingredients

2 to 3 cups raw or cooked corn kernels (from 4 to 6 ears)
1 large or 2 medium ripe tomatoes, cut into fairly small pieces
4 ounces feta cheese, crumbled (about 1 cup)
½ cup chopped fresh mint leaves (or basil)
3 tablespoons extra-virgin olive oil
Salt and freshly ground black pepper.

Directions

Step 1 Put the corn, tomatoes, cheese and mint in a medium bowl. Drizzle with the olive oil and toss to coat.

Step 2 Season to taste with salt and pepper. Serve Next Distribution: June 2019

- OV/ Frontier Order Due: June 5
- OV Filled Cases Due: June 8
- Creswick Order Due: June 9
- UNFI Order Due: June 12
- Creswick Delivery: June 17
- Distribution: June 19

Here are some things to keep in mind when ordering:

- ❖ Check, check and double check your **UNFI** order to **make sure you check "split"** if you do not want an entire case of a certain item. This is **REALLY** important!
- ❖ If you have an issue with any product you ordered through the co-op be sure to notify the board immediately. Copy your email to all three of us:
 - ❖ Amy: amrmom70@gmail.com
 - ❖ Dolores: doloresjohnson68@gmail.com
 - ❖ Marilyn: mmitchell1945@aol.com

As always, if you have a comment or suggestion about co-op please contact Marilyn. The board is always looking for ways to improve the co-op experience for our members!