



# The Garlic Press

## November 2002

All BFC members are welcome to contribute to the Garlic Press. Please contact Shelly Thomas to submit your article contributions.

**Remember - this is your newsletter!**

### Dates to Remember:

**Tuesday, October 22, 2002 -**

Orders due for Tuesday, November 5, 2002 distribution.

**Tuesday, November 5, 2002 -**  
Distribution day.

**Tuesday, November 19, 2002 -**

Orders due for Tuesday, December 3, 2002 distribution.

**Tuesday, December 3, 2002 -**  
Distribution day.

### Order Reminders -

October orders can be dropped off to the co-op mailbox at: 821 Fairway Trails, Brighton, 48116

### Northeast Orders

Pamela Kerr  
2338 Doris Drive  
Brighton, MI 48114  
e-mail: [pgk@globaldsl.net](mailto:pgk@globaldsl.net)

### Outside Vendor Orders

Cynthia Scholes  
6556 Barrie Circle  
Brighton, MI 48114  
e-mail: [cdscho@comcast.net](mailto:cdscho@comcast.net)

### Frontier Orders

Arlene Friskey  
P.O. Box 111  
Fenton, MI 43430  
e-mail: [Friskeycafe7@aol.com](mailto:Friskeycafe7@aol.com)

## Distribution News

Don't forget to sign your name on the sign in sheet when you arrive!

### Message from A.M. Coordinator -

Cindy Damon would like to thank everyone for their help, flexibility and patience on distribution day. With the late arrival of the truck, it moved all our jobs back and made for a longer day. It seems we're all learning to be prepared for the unexpected. More and more people are willing to learn and work things out and do what it takes to get the job done. So goes Life! Just a reminder that if you are an a.m. worker, you should arrive no later than 7:30 a.m. on distribution day. If we had many hands at that time, our set up and unloading would go much more quickly.

### Message from P.M. Coordinator -

Chris Huxley would like to have her P.M. workers arrive between 11:00 - 11:30 a.m. and work until clean up is complete. We've been left with just a couple of people to take down tables and staying until 4:30 p.m. Thank you for your cooperation in this. We want co-op day to be fun for everyone

and many hands (at the right time) make light work. ☺

Co-op distribution day is also a day for sharing ideas about health and nutrition issues - that's why we're here. So as we work together let's make a point to talk with each other about these things. If a new product or recipe is working for you, please share it!

### Lost and Found -

Chris Huxley found a cell phone at last month's distribution. If it's yours please call Chris at 248-486-1523.

## Vendor News

### Message from Suzanne Radelt -

Honey and Maple Syrup are available for November distribution. Honey prices are \$4.50 for 3 lb. Jar (1 quart).

Usborne books - we must order a minimum of 100 books or "kid kits" to receive the 50% off retail savings. You may ask a non-BFC member to combine an order with you. These books make wonderful Christmas gifts. Orders are due October 22 and will be delivered at November 5th distribution. Put your order in the co-op mailbox or

mail to Suzanne Radelt, 6815 Kestrel Ridge, Brighton, MI 48116 or call Suzanne at (810) 231-9361 if you have any questions.

Special Nut order for November - Energy Mix, Raw Almonds and Walnuts will be re-ordered for November's distribution as these items were out of stock in October. Please re-order on your Outside Vendor sheet.

### Oldford Soap's -

We will resubmit October's order and it will be ready for November distribution. Also, if you'd like to order from Oldford Soaps, place your order on the Outside Vendor sheet under vendor #10. To see an updated list of products from Oldford Soaps you can log onto their website at [www.oldfordsoaps.com](http://www.oldfordsoaps.com). Also, Erin Oldford is putting together gift sets that will be available on-line within the next 2 weeks. Think Christmas!

### **Wish List**

Please note: when submitting wish list items, please include item number, product name, page number and if on sale. Any items missing this information will not be included on that month's wish list. This will help simplify wish list entries. If a product comes only in case quantities, try to order at least ½ case. No guarantees, but this will increase your chances of receiving your product. Also, if 2 people order same type of product but different brands, the inputter has the option of consolidating the orders. Thanks for you co-operation! - Ed. ☺

### Wish List for November -

#### Northeast Co-op Wish List -

#98066, Food For Life Ezekiel bread, sprtd., pg. 5\*\*  
 #98570, Lifestream Froz. Waffle, Bckwt wildberry WF, pg. 5\*\*  
 #61546, Garden of Eatin' Corn chips, yellow Org., pg. 8\*\*  
 #98072, Food For Life Ezekiel Bread Cinn. Raisin, pg. 5\*\*  
 #97884, Cedar Tortilla Unbl YF FF, pg. 24

#98238, Whtwv Silksoy LF Choc Org., pg. 24  
 #98230, Whtwv Silksoy LF Van Org., pg. 19  
 #16460 Hvalley Chicken Broth Org., pg. 53  
 #10244, Bulk Choc Chips Semisweet, pg. 27  
 #91012, Horizon Choc Mild Org., pg. 21  
 #97632, Cascad. Frozen Strawberries Org., pg. 26\*\*  
 #97586, Cascad. Froz. Green Beans Fr. Cut Almond Org., pg. 26\*\*  
 #97602, Cascad. Frozen Corn Cut Org., pg. 26\*\*  
 #33484 or #12320, Bulk Peas Split Org., pg. 29  
 #64620, Lundberg Brown Rice Syrup, pg. 54  
 #58478, Cascad. Strwbry Org Sprd., pg. 45\*\*  
 #58482, Cascad. Hrvst Berry Org Sprd., pg. 45\*\*  
 #90194, Horizon Egg Nog Org LF, pg. 21  
 #98054, Garden Tortilla WW Org., pg. 24  
 #97330, Amy's Mac 'n Cheese, pg. 25  
 #97354, Amy's Bean w/rice Cheese Org., pg. 25  
 #97590, Cascad. Spinach Org., pg. 26\*\*  
 #54786, Marin Shortbread Pecan Cookies, pg. 39\*\*  
 #43338, Casbah Rice Pilaf, pg. 41\*\*  
 #56974, Muir Glen Pasta Sauce Rstd Garlic, pg. 49\*\*  
 #50004, BioNat Pasta Penne Rigate Org., pg. 48\*\*  
 #80070, Imagine Org No Chicken Broth, pg. 8\*\*

**\*\* Indicates sale item.**

#### PRODUCE WISH LIST -

#16020, Bananas  
 #16068, Yam Jewel  
 #25227, Lemons

#### FRONTIER WISH LIST -

#2391, Mild Cheddar Cheese powder, pg. 28 (Frontier catalog)

## **Members' Corner**

### Smokin' Salsa anyone?

Celia Kinville's husband, Jim, aka "The Salsa King" will have his homemade salsa for sale at November's distribution. His Hot or Extra Hot Smoked salsa is available in 8 oz. jars for \$3.00 each. You can call or e-mail "The King" at [517-552-7808/iaac@msn.com](mailto:517-552-7808/iaac@msn.com) to place an order.

## **BFC Officers**

President: Lisa Patton  
 (517) 546-9040  
 V. President: Linda Madden  
 (734) 327-5968  
 Treasurer: Joan Johnson  
 (517) 546-8561  
 Secretary: Janice Mechan  
 (248) 685-7235  
 A.M. Work Coordinator: Cindy Damon  
 (517) 546-7304  
 P.M. Work Coordinator: Chris Huxley  
 (248) 486-1523  
 Newsletter Editor: Shelly Thomas  
 (517) 545-0820

## **Home Workers**

Outside Vendors: Cynthia Scholes  
 (810) 220-4482  
 Batcher: Dolores Johnson  
 (810) 227-1415  
 Batcher: Pam Kerr  
 (810) 227-6562  
 Batcher: Sue Dick  
 (810) 632-7158  
 Frontier: Arlene Friskey  
 (810) 714-0275  
 Bookkeeper: Ellen Lafferty  
 (810) 227-5199  
 Syrup, Honey: Suzanne Radelt  
 (810) 231-9361

